



CRAFTED

JP BOX K

Scrambled eggs and steak wrapped in our traditional dough, mozzarella cheese, avocado roasted peppers, onions

Chipotle mayo dressing

MORNING RISER K

Scrambled eggs and bacon wrapped in our traditional dough, mozzarella cheese onions, pancake

Maple syrup

SENSATIONAL K-DF

Grilled steak wrapped in our traditional dough cucumber, avocado, roasted peppers, onions

Balsamic syrup

BOSTONIAN K

Grilled chicken wrapped in our traditional dough, feta cheese, avocado, tomatoes, green plantains chips

Creamy dressing

SPICY HUB K

Buffalo chicken wrapped in our traditional dough, celery, sweet plantains chips

Bleu cheese dressing

DELIGHT K

Shredded chicken wrapped in our traditional dough, onions, feta cheese, avocado cilantro, celery

Creamy dressing

TUNNY FUNNY K-P

Tuna wrapped in our traditional dough onions, corn, tomatoes, cucumber

Creamy dressing

HERBIVOROUS V-VG-DF

Traditional dough, chickpeas, tomatoes cilantro, avocado, cucumber, corn roasted peppers, onions

Avocado dressing

SHRIMPY K-P-DF

Shrimp wrapped in our traditional dough avocado, sweet plantain chips, roasted peppers, onions

Sweet chilli sauce

Before placing your order, please inform your server if a person in your party has a food allergy.

Consumer advisory warning for raw foods in compliance with the department of public health we advise that eating raw undercooked meat poultry or seafood poses a risk to your health.

Add state meal tax to all prices, items & offers are subject to change without notice

CHOOSE YOUR GREENS



Romaine lettuce or mixed green

MAKE A BOWL



Make your wrap as a bowl on a bed of wild and brown rice or quinoa

GLOSSARY



V = Vegan
VG = Vegetarian
P = Pescatarian
K = Keto
DF = Dairy free



FRESHLY

Handcrafted dough



GLUTEN FREE

Gluten free intolerant
Gluten free style

SIDES

Extra protein
Cheese
Hub dough
2oz Dressings or sauce
2oz Mayo ketchup

BEVERAGES



SPARKLING | WATER | SODA

Something & nothing
Bubbly
La croix
Spindrift
Open sparkling
Celsius sparkling
Avian water
Open water
Dasani water
Coconut water
Aranciata rossa
Coke
Diet coke
Pop Soda
Poppi soda

SALADS

AVOCADO COBB

Mix green or romaine lettuce, grilled chicken, tomatoes, avocado, eggs bacon, bleu cheese

Avocado dressing

SWEET SALAD

Mix green or romaine lettuce goat cheese, dried cranberries pecans, strawberries

Balsamic dressing

BUFFALO CHICKEN

Mix green or romaine lettuce, celery grilled chicken, carrots, red cabbage bleu cheese, sweet plantain chips

Spicy buffalo dressing

5 DE MAYO

Mix greens or romaine lettuce, corn shredded chicken, avocado tortilla chips, feta cheese

Chipotle mayo dressing

CLASSIC CAESAR

Romaine lettuce, grilled chicken parmesan cheese, croutons

Caesar dressing

BUILD YOUR OWN SALAD

BASE + PROTEIN + 4 TOPPINGS

BASE

Romaine lettuce
Mixed greens

PROTEIN

Shredded chicken	Steak	Quinoa
Buffalo chicken	Eggs	Beans

TOPPINGS

Wild and brown rice	Tomatoes
Roasted peppers	Cucumber
Roasted onions	Broccoli
Croutons	Celery
Sweet potatoes	Red cabbage
Avocado	Corn
Chickpeas	Carrot
Mozzarella	Pickle onions
Goat cheese	Red onions
Parmesan cheese	Pepperoncini
Bleu cheese	Bacon
Dried cranberries	Strawberries
Pecans	Apples

DESSINGS

Creamy caesar dressing
Chipotle mayo dressing
Spicy buffalo dressing
Avocado dressing
Creamy dressing
Sweet chilli sauce
Balsamic syrup

COLD PRESSED 12oz



BREAK BONE

Beet, carrot, lime, orange

GREEN GREEN

Cucumber, celery, lime, orange ginger, pineapple, spinach

POINT SUPPORT

Orange, turmeric, pineapple carrot, apple

DETOX

Strawberries, orange, mint, lemon

PINK LOVE

Watermelon, lime, mint



SMOOTHIES 16oz

AÇAÍ VITALY GF-V-DF-SF

Coconut milk, açai, strawberries banana, dates

ANTI-OXY RUBY GF-V-DF-SF

Coconut water, strawberry, chia, beets raspberry, mint

BERRY-BANANA GF-V-DF

Orange juice, strawberry, blackberry blueberry, banana, oats, chia, agave

MANGO-PASSION GF-V-DF

Passion fruit, mango, mint, chia agave

CARIBBEAN DREAM GF-V-DF-SF

Orange juice, coconut water, pineapple banana, kale, mango

GOLD PROTEIN GF-V-SF

Almond milk, blueberry, banana vanilla protein, chia

GREEN GINGER GF-V-SF

Cucumber, apple, ginger, spinach lime, agave

MR. COFFEE GF-V-SF

Cold brew coffee, cocoa, vanilla, banana peanut butter

DOLCE COFFEE GF-SF

Cold brew coffee, milk, cocoa, caramel

MAKE YOUR OWN SMOOTHIE

1 to 4 OPTIONS

SMALL BITES

POPPERS

Chicken

FRIES

Waffle fries and cheese

CREPES

CLASSIC

Strawberry, banana, topped with Hershey's Chocolate Syrup

DULCE DE LECHE ROLL

Wrapped with dulce de leche